

## A New Church Season

Seasons come and go. New seasons come upon us quickly sometimes and with them a breath of fresh air.

Whether it be a new football or field hockey season, a new fishing or hunting season, or a new church or Sunday School season; a new season brings with it a great deal of anticipation and excitement!

Summers are good for picnics and vacations. September is good for new seasons like school being back in session and football games on Friday nights. But September also brings with it a new Church season, too.

Sunday School will start up this month and I hope you will consider attending Sunday School this season. There is no better way to grow your faith than by being involved in a Sunday School class.

Choirs start up in September as well. The Chancel Choir, Cherub Choir, and Handbell Choirs are all looking to start up again. Consider sharing your musical talents with one of these choirs this season.

Small Groups in our church are growing by leaps and bounds. Existing Small Groups, as well as newly forming Small Groups, are offered this month. There are a variety of Small Groups to meet the various interests of our congregation, but if there is something we are not currently offering that would be of interest to you, please contact me. Our goal is to provide as many varieties of Small Groups as possible to meet all the different interests in our church.

Oh, and by the way, this is YOUR church!

A couple years ago, I read a book entitled, "It's Your Ship" by a Naval commander who was assigned to the worst ship in the fleet. He assessed the situation and started a new season on board that ship. His new approach was to learn his crew and their talents, and encourage them to take ownership of their ship. It made a huge difference and turned the reputation of that ship around in astounding ways!

This is your church. Well, of course, it is God's church, but you and I are here now to care for this church and do our part to make it relevant and successful. I am encouraging you to take ownership of your church. Turn lights on when you enter the building, but also remember to outen them when you leave the building. The same goes with doors and their locks, too. Do you ever see trash laying around the church property? Do not say, that's Matt's job to do. No, pick up that piece of trash and put it in garbage can!

Take ownership of your church to a new level this season. Combine your interests with some role in the church. Use your talents and interests in Small Groups, the choirs, or in some other way. And take care of your church.

Together we can make a difference!



Bob Shank

# Daily Scripture Readings

**September 1**  
Psalm 63

**September 2**  
Psalm 64

**September 3**  
Psalm 65

**September 4**  
Psalm 66

**September 5**  
Psalm 67

**September 6**  
Psalm 68

**September 7**  
Psalm 69

**September 8**  
Psalm 70

**September 9**  
Psalm 71

**September 10**  
Psalm 72

**September 11**  
Psalm 73

**September 12**  
Psalm 74

**September 13**  
Psalm 75

**September 14**  
Psalm 76

**September 15**  
Psalm 77

**September 16**  
Psalm 78

**September 17**  
Psalm 79

**September 18**  
Psalm 80

**September 19**  
Psalm 81

**September 20**  
Psalm 82

**September 21**  
Psalm 83

**September 22**  
Psalm 84

**September 23**  
Psalm 85

**September 24**  
Psalm 86

**September 25**  
Psalm 87

**September 26**  
Psalm 88

**September 27**  
Psalm 89

**September 28**  
Psalm 90

**September 29**  
Psalm 91

**September 30**  
Psalm 92

**Gather! Grow! Make a Difference!**



September Birthdays

- 5 Ray Singer
- 6 Bill Ramsden
- 7 Barbara DeVivo
- 7 Bryan Hill
- 10 Scott Decker
- 10 Bridget Paige Hardy
- 12 Terry Flatt
- 12 Alice Singer
- 13 Kathy Cook
- 13 Bonnie Cramsey
- 13 Josh DeVivo
- 14 Jarrett Seip
- 15 Dorothy Baldwin
- 16 Tom Anderman
- 16 Marion Stewart
- 16 Gladys Warnick
- 18 Rory Stanton
- 22 Camryn Leah Philips
- 22 Elizabeth Schuler
- 23 Janet Woolever
- 23 Peggy Stewart
- 25 Jenny Bogart
- 30 Alexis Paige Philips
- 30 Tyler Snyder

If you would like a card on your special day, please call the church office.



The Walking Small Group will host a History Walk through Stroudsburg on Monday, September 8 starting at 6:00 pm. Meet in the front of the church on Main Street just prior to the start time. Dave Cook, Chairman of the History Committee will guide us through Stroudsburg stopping at points of interest to Stroudsburg United Methodist Church throughout the lifetime of our church. The walk will be at a slow pace and will last about one and a half hours. For more information, please contact C.J. Penwell at 570-421-1666 or email [cjpen53@ptd.net](mailto:cjpen53@ptd.net)

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2014 Walk to End Alzheimer's  
 Monroe County, PA

When: Saturday, September 6, 2014  
 Time: 8:30 am  
 Where: Shawnee Inn & Resort  
 1 River Road  
 Shawnee on Delaware, PA  
 Contact: Barbara Wilson, 570-822-9915 or  
 email: [bwilson@alz.org](mailto:bwilson@alz.org)



Ralph takes this opportunity to thank the congregation for accepting the approximately 1,000 hymns he has submitted for congregational singing these past 6 years. He hopes some of your favorites were included.

Hymn selections will be made by others going forward.

Let us not forget the admonitions of John Wesley in his “Directions for Singing” as found in Select Hymns, 1761, to wit:

iv. Sing lustily and with good courage. Beware of singing as if you were half dead, or half asleep; but lift up your voice with strength. Be no more afraid of your voice now, nor more ashamed of its being heard, than when you sung the songs of Satan.

v. Sing modestly. Do not bawl, so as to be heard above or distinct from the rest of the congregation, that you may not destroy the harmony; but strive to unite your voices together, so as to make one clear melodious sound.

vii. Above all sing spiritually. Have an eye to God in every word you sing. Aim at pleasing him more than yourself, or any other creature. In order to do this attend strictly to the sense of what you sing, and see that your heart is not carried away with the sound, but offered to God continually; so shall your singing be such as the Lord will approve here, and reward you when he cometh in the clouds of heaven.

(excerpted from p. vii, front of hymnal)

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Rehearsals for Handbell Choir will start on September 10, 2014

AweSUM Ringers - 6:00 pm in the sanctuary

SUM Celebration Ringers - 7:00 pm in the sanctuary

If you are interested in joining either of the handbell choirs, please contact our director, Lynn Seip - 570-421-6517.



ONLINE TO HEAVEN  
-Karen Vaughn

Let it all hang out  
Everything, anything  
From soup to nuts  
I won't be bored.

The sky is the limit  
Just send Me the bill  
Call on the house  
It's My Holy will.

There's an upward draft  
In times of trouble  
Wind carries your prayers  
Quick on the double.

I promise I'll answer  
Relax in peace  
Go love someone else  
Because I love you.

-GOD

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Reminder:

Choir rehearsals  
start Thursday, 9/4  
at 7:30 pm in the  
sanctuary.



Pregnancy Resource Center

"Walk for Life"

Saturday, October 4, 2014

8:30 am

here at SUMC

"Walk in HIS Shadow"

Walk begins at 9:00 am from church

parking lot on Ann Street

(Park along Ann Street)

Sign up sheets are in the back of the sanctuary

or please call the church office

Pledge forms are also available in the back of  
the sanctuary

By walking you will:

- Help save the unborn
- Help spread the Gospel of Jesus
- Provide needed items for moms & babies
- Help provide factual counseling services
- Help teens learn about sexual purity
  - Be serving the Lord!!

So....what is your excuse NOT to?

Please call Jackie in the church office for more  
information - 570-421-6020



**To Serve You in September**

**Greeters** 8:30  
 7 Jami Lipe  
 14 Hilda & Walter Roeckendorf  
 21 Jack & Barb Hinline  
 28 DeAnn Harris  
 11:00  
 7 Ana Caraballo & Bob Dellicker  
 14 Betty Michelin  
 21 Star Jones  
 28 Joanne Reed  
**Ushers** 8:30  
 Jack Hinline  
 Barbara Hinline  
 John Burrus  
 Carole Burrus  
 11:00  
 Bob Cool  
**Counters**  
 Ray Singer & Pam Price  
**Altar Guild**  
 Eleanor Bentzoni  
**Soup Kitchen**  
**Sunday afternoons at 4 pm**  
 7 Pen Argyl UMC - Tom Odenwelder  
 14 Analomink UMC - Nancy Shoemaker  
 21 P.I.M. - Nancy Frisch  
 28 Stbg. HS Senior National Honor Society  
 Theresa Muth  
**Tuesday evenings at 6 pm**



**OUR CHURCH STAFF:**

**Ministers** Everyone  
**Pastors** Bob Shank & Ted Good  
**Pastor of Church Growth** Gar Pollard  
**Pastor Emeritus** Tom Anderman  
**Church Secretary** Jackie Herrero  
**Interim Choir Director** Jeanette Kuhns  
**Organist** Marti Lantz  
**Youth Leader** Vin Zelizo  
**Handbell Director** Lynn Seip  
**Custodian** Matt Parton

**OUR CHURCH LEADERS:**

**Daniel's Dream Team**  
 Chairperson, Boyd Butz  
 boydbutz@stroudsburgumc.com  
**Worship**  
 Chairpersons, Ralph Harrison, Pastor Bob Shank  
 bobshank@stroudsburgumc.com  
**Property & Building**  
 Chairperson, Dick Seip relseip@ptd.net  
**Servant Resource Team**  
 Chairperson, C. J. Penwell cjpen53@ptd.net  
**Stewardship**  
 Chairperson, Carole Everitt  
 caroleeveritt@stroudsburgumc.com  
**Missions**  
 Chairperson, Alberta Weber  
 albertaweber@stroudsburgumc.com  
**Membership & Evangelism**  
 Chairperson, Peggy Stewart bpstew@juno.com  
**Lay Leader** Beryl Hellgren  
 bykoh@verizon.net



### Watermelon Rind Pickles

Vivian Cobbs

3 pounds white portion watermelon rind, cubed  
5 cups of sugar  
2 cups cider vinegar  
1 cup cold water  
1 Tbsp. whole cloves  
1 Tbsp. allspice  
1 Tbsp. whole cinnamon  
1 lemon sliced

Let melon rind stand in salted water to cover overnight (2 Tbsp. salt to 1 quart fresh water)  
Drain and cover with fresh cold water. Cook until tender. Drain, combine sugar, vinegar and 1 cup cold water. Tie the cloves, allspice, cinnamon and lemon slices in a cloth bag and add to syrup. Boil for 5 minutes. Add watermelon rind and cook until transparent, about 6 minutes. Pour into hot sterilized jars; cover with hot syrup. Remove spice bag, seal the jar. Store in a cool, dark place.

Makes 3 pints.

(Eat hot or cold with chicken or any way you like)

### Pickle Shrimp Dip

Ruth Sibley Bensinger

1/2 cup chili sauce	3 Tbsp. tomato paste
2 Tbsp. dill pickle liquid	1 Tbsp. lemon juice
1 Tbsp. prepared horseradish	1/2 cup chopped dill pickles
3/4 cup chopped cooked shrimp	1-8 oz. pkg. cream cheese, softened

Combine chili sauce, tomato paste, pickle liquid, lemon juice, horseradish, pickles and shrimp - mix well. Break cream cheese into small pieces with fork. Pour pickle sauce over cheese. Serve as a dip or spread.  
Yield: about 2 cups



A new Small group is forming and will study the book and movie "Heaven is for Real". This is the true story of four year old Colton Burpo who during a touch and go surgery went to Heaven. His story is remarkable. The study will last five weeks and each session will last approximately one hour. We will examine the Scripture to determine if what Colton saw is correct according to the Bible and discuss topics such as: is it ok to be mad at God?, is it ok to question your faith?, and is the power of prayer real? The first meeting will be Sunday evening, August 31 at 7:00 pm and will continue each Sunday evening ending September 28. Please contact C.J. Penwell at 570-421-1666 or email [cjpen53@ptd.net](mailto:cjpen53@ptd.net) to register for the Small Group. The book can be downloaded for free at [www.heavenisforreal.org](http://www.heavenisforreal.org)

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Altar Flowers

Please consider putting flowers on the altar in memory of or in honor of a loved one or special event. Dates are still available in September, October, November and December. Please call the church office and I will check the date you are interested in for altar flowers. Thank you.

Jackie - 570-421-6020

**Packs for Backs Thanks you!**

**by Margie Good**

**Chairperson, Packs for Backs Project**

We had another successful year with our Packs for Backs Project. The parents were thrilled when they came to pick up the back packs, school supplies, tooth brushes, toothpaste, hand sanitizer, other items and lunch cases. They expressed that they could not wait to return home to show their children all of the wonderful items that would help them to get their school year off to a marvelous start. Thank you for being a crucial part of our assistance project to help our local children arrive, on the first day of school, ready for work and prepared for success! Our project is a year-long one. The youngsters might need to evacuate their homes due to an abuse situation, fire or a host of other situations. When they come to the Clothing Room, they are greeted with some replacement clothing and a new back pack and other items. Thanks again for your consideration and cooperation with this important project.

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Please be sure to mark the calendar outside the Conference Room with your meeting days, times and the room you will be meeting in. Doing so will ensure that this information can be put in the weekly bulletins and on the SUMC calendar online.



## STEWARDSHIP

	July 6	July 13	July 20	July 27
Needed:	\$ 5,121.86	\$5,121.86	\$5,121.86	\$5,121.86
Envelope Giving	2,674.50	4,213.50	2,325.50	2,443.35
Cap. Imp	140.50	196.50	214.50	259.50
Lease (Rent)	105.00			
Plate	79.00	102.00	17.00	58.15
Total	-\$2,122.86)	-\$609.86)	-\$2,564.86)	-\$2,360.86)
Through July deficit=	\$32,000.93			
Elevator	\$220.00	\$115.00	\$1,075.00	\$105.00
Balance	\$65,192.69	\$65,077.69	\$64,002.69	\$63,897.69

Hopefully everyone has enjoyed their summer, relaxation, ease of lifestyle and possibly vacation that come with summer. As you can see by the figures above it is not an easy time, financially, for the church.

Attendance as well as giving is historically down during the summer months. We would ask that you check your financial commitment to the church for 2014 and if behind give prayerful consideration as to how you can meet your commitment for the year.

We will be beginning our annual Stewardship campaign on Sunday, Oct. 5 with Commitment Sunday Oct. 19. Please see further information on the program "Living Each Day as a Steward" in this newsletter.

The Stewardship Committee: Carole Everitt, Paul Edinger, Dan Butz, Fran Harrison, Kirsten Lee, Ruth Weber, Sharon Cottle

# FREE MOVIE NIGHT!!

Friday, October 3, 2014

7:00 PM

STROUDSBURG UNITED METHODIST CHURCH

547 MAIN STREET

STROUDSBURG, PA 18360

570.421.6020



All are welcome!

## ***"God's Not Dead"***

*Rated PG - runs for 113 minutes*

*For younger children and those young at heart "RIO2"*

*(Adult supervision will be provided)*

*Rated G - runs for 101 minutes*

Free popcorn!

Bottled water and other movie snacks will be available, too.

Please join us for coffee and  
dessert after  
the movies in our Fellowship  
Room.



Admit  
One

**Words from the Mission Team**

The Mission Team would like to thank everyone who helped with our Annual Yard Sale. Whether you donated items, helped set up, priced, cashiered or helped clean up, all your work is appreciated by the team. It is a HUGE project crammed into one week of the year and we can use all the help we can get. We have netted over \$1,700.00 toward our Mission Projects.

THANK YOU ALL!

**Christmas in September:** The Mission Team will have our Christmas tree set up in the Fellowship Room for the month of September, beginning Sunday, September 7th. Members of the team will be available to take your donations after both services every Sunday in September. Proceeds from the project will be donated to our Family Promise program at our church. Thank you for any donations you are able to make.

-All the members of the Mission Team

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**UMW NEWS AND DATES FOR SEPTEMBER**

Reminders for important dates in September:

Sunday, September 21st, UMW to do both services at 8:30 and 11:00.  
Tuesday, September 23rd, monthly meeting in Fellowship Room, proposed program on Foster Care.

Christmas Totes: September item is Pocket Tissues and Emery Boards.  
Please remember your donations.

Holiday Market: Plans are proceeding. Remember the date is November 8th. We can use help that day at our UMW Table and as runners to spell vendors. We have been making jams and jellies this summer and will be making soups during the fall. Please volunteer if asked.

UMW Worship Services on September 21st: I am working on putting the service together now and will be asking for participants in coming weeks. We will need speakers, greeters, ushers and special music. If you are willing to help in any of these areas, please contact me. Our topic for the sermon will be "Women of the Bible". I am choosing the women we will be presenting, if you would like to be a speaker. Please consider participating, as our service was well received last year.

-Lois Shaffer



## Youth Update

The Youth Group has jumped into the upcoming year with both feet. We sold refreshments at the yard sale and had our first overnight lock in all before school started.

We plan to keep the momentum going this September. Weekly meetings will be on Thursday and they start the 4<sup>th</sup>. Sunday school starts on the 7<sup>th</sup>. On the 21<sup>st</sup> we travel to Cross Road Baptist Church in Bangor to support their Youth Group on a Pack the Pew Sunday. We will also launch our first fundraiser of the year. We will be selling cups with the logos of sports teams, division 1 colleges, and the military branches. These cups are sturdy, attractive, and make great gifts for the sports fan or veteran in your life. Proceeds from the sale of these cups will go toward our mission trip next summer.

Speaking of the mission trip, we have already booked our 2015 mission trip! We will travel to Niagara Falls from July 19-24. Specifics about the trip have yet to be determined but it is looking like great trip.

As exciting as a new year can be, we would also like to take a moment to wish our youth group “graduates” well as they move on to new challenges. Best wishes to Russ Bontempo, Chris Cook, Brandon DeWitt, Travis Miller, James Shank and Lydia Shank.

Once again I'd like to thank you all for the support our youth enjoy. If you have any questions please contact Vin Zelizo.

570-730-8331

vzelizo@hotmail.com

# SEPTEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>31</b> <b>8:30 AM</b> Worship-Sanctuary <b>9:45 AM</b> Adult Sunday School <b>11:00 AM</b> Worship/Sanctuary <b>4:00 PM</b> Soup Kitchen-Dining Room <b>7:00 PM</b> Small Group - "Heaven is for Real"	<b>1</b> Church Office Closed	<b>2</b> <b>6:00 PM</b> Soup Kitchen	<b>3</b> <b>2:00 PM</b> Stitch & Pray Small Group-Lounge <b>6:00 PM</b> Cub Scout Den Meeting	<b>4</b> <b>7:00 PM</b> Scouts <b>7:00 PM</b> Youth Group Meeting <b>7:30 PM</b> Choir Rehearsal - Sanctuary	<b>5</b>	<b>6</b>
<b>7</b> Small Group Fair After Services - Fellowship Room <b>8:30 AM</b> Worship/Communion-Sanctuary <b>9:45 AM</b> Adult Sunday School <b>9:45 AM</b> Youth (Jr.High/Sr.High) Sunday School-Youth Room <b>11:00 AM</b> Worship/Communion-Sanctuary <b>12:30 PM</b> Daniel's Dream Team Meeting <b>4:00 PM</b> Soup Kitchen-Dining Room <b>6:00 PM</b> Cub Leaders Planning Meeting <b>7:00 PM</b> Small Group - "Heaven is for Real"	<b>8</b> <b>6:00 PM</b> Walking Small Group-History Walk-Front of Church <b>7:00 PM</b> Cherub Choir	<b>9</b> <b>6:00 PM</b> Soup Kitchen <b>7:00 PM</b> Membership & Evangelism Meeting-Lounge	<b>10</b> <b>6:00 PM</b> Cub Scout Den Meeting <b>6:00 PM</b> Handbell Choir Rehearsal - AweSUM Ringers - Sanctuary <b>7:00 PM</b> Handbell Choir Rehearsal - SUM Celebration Ringers - Sanctuary	<b>11</b> <b>7:00 PM</b> Scouts <b>7:00 PM</b> Youth Group Meeting <b>7:30 PM</b> Choir Rehearsal - Sanctuary	<b>12</b>	<b>13</b>
<b>14</b> <b>8:30 AM</b> Worship-Sanctuary <b>9:45 AM</b> Adult Sunday School <b>9:45 AM</b> Children's Sunday School (Age 4-Second Grade) <b>9:45 AM</b> New Member Classes-Lounge <b>9:45 AM</b> Youth (Jr.High/Sr.High) Sunday School-Youth Room <b>11:00 AM</b> Worship/Sanctuary <b>4:00 PM</b> Soup Kitchen-Dining Room <b>7:00 PM</b> Small Group - "Heaven is for Real"	<b>15</b> <b>7:00 PM</b> Cherub Choir <b>7:00 PM</b> Mostly Mondays Small Group	<b>16</b> <b>6:00 PM</b> Soup Kitchen <b>7:00 PM</b> Missions Meeting-Lounge <b>7:00 PM</b> SRT Meeting <b>7:00 PM</b> Stitch & Pray Small Group-Fellowship Room	<b>17</b> <b>10:00 AM</b> Bible Study - Lounge <b>6:00 PM</b> Cub Scout Den Meeting <b>6:00 PM</b> Handbell Choir Rehearsal - AweSUM Ringers - Sanctuary <b>7:00 PM</b> Handbell Choir Rehearsal - SUM Celebration Ringers - Sanctuary	<b>18</b> <b>10:00 AM</b> My Brothers' Keepers Quilting & Little Quilts-Downstairs <b>7:00 PM</b> Scouts <b>7:00 PM</b> Youth Group Meeting <b>7:30 PM</b> Choir Rehearsal - Sanctuary	<b>19</b>	<b>20</b>
<b>21</b> UMW Service <b>8:30 AM</b> Worship-Sanctuary <b>9:45 AM</b> Adult Sunday School <b>9:45 AM</b> Children's Sunday School (Age 4-Second Grade) <b>9:45 AM</b> New Member Classes-Lounge <b>9:45 AM</b> Youth (Jr.High/Sr.High) Sunday School-Youth Room <b>11:00 AM</b> Worship/Sanctuary <b>4:00 PM</b> Soup Kitchen-Dining Room <b>7:00 PM</b> Small Group - "Heaven is for Real"	<b>22</b> <b>1:15 PM</b> Monday Tea Time - Nancy Haase's Home <b>7:00 PM</b> Cherub Choir <b>7:00 PM</b> Mostly Mondays Small Group	<b>23</b> <b>6:00 PM</b> Soup Kitchen <b>7:00 PM</b> UMW Meeting-Lounge	<b>24</b> <b>10:00 AM</b> Bible Study - Lounge <b>6:00 PM</b> Cub Pack Meeting <b>6:00 PM</b> Handbell Choir Rehearsal - AweSUM Ringers - Sanctuary <b>7:00 PM</b> Handbell Choir Rehearsal - SUM Celebration Ringers - Sanctuary	<b>25</b> <b>10:00 AM</b> My Brothers' Keepers Quilting & Little Quilts-Downstairs <b>7:00 PM</b> Scouts <b>7:00 PM</b> Youth Group Meeting <b>7:30 PM</b> Choir Rehearsal - Sanctuary	<b>26</b>	<b>27</b>
<b>28</b> <b>8:30 AM</b> Worship-Sanctuary <b>9:45 AM</b> Adult Sunday School <b>9:45 AM</b> Children's Sunday School (Age 4-Second Grade) <b>9:45 AM</b> New Member Classes-Lounge <b>9:45 AM</b> Youth (Jr.High/Sr.High) Sunday School-Youth Room <b>11:00 AM</b> Worship/Sanctuary <b>4:00 PM</b> Soup Kitchen-Dining Room <b>7:00 PM</b> "A Study of the Lord's Prayer" Small Group-Pastor Bob's Study <b>7:00 PM</b> Small Group - "Heaven is for Real"	<b>29</b> <b>1:15 PM</b> Monday Tea Time - Nancy Haase's Home <b>7:00 PM</b> Cherub Choir <b>7:00 PM</b> Mostly Mondays Small Group	<b>30</b> <b>6:00 PM</b> Soup Kitchen <b>7:00 PM</b> Digging Deeper Small Group-Conference Room	<b>1</b> <b>10:00 AM</b> Bible Study - Lounge <b>2:00 PM</b> Stitch & Pray Small Group-Lounge <b>6:00 PM</b> Handbell Choir Rehearsal - AweSUM Ringers - Sanctuary <b>7:00 PM</b> Handbell Choir Rehearsal - SUM Celebration Ringers - Sanctuary	<b>2</b> <b>10:00 AM</b> My Brothers' Keepers Quilting & Little Quilts-Downstairs <b>7:00 PM</b> Scouts <b>7:00 PM</b> Youth Group Meeting <b>7:30 PM</b> Choir Rehearsal - Sanctuary	<b>3</b> <b>7:00 PM</b> Free Movie Night - "God's Not Dead" & "Rio2"	<b>4</b> <b>8:30 AM</b> Pregnancy Resource Center Walk-Ann Street Parking Lot <b>4:00 PM</b> Eagle Scout Ceremony & Reception - Sanctuary & Downstairs



# **HERO DASH 5K**

*and 1 mile Fun Run*

*September 20, 2014*

**Registration opens at 9 AM Race starts at 10 AM**

The Pocono Plateau *Hero Dash 5K* is a road/trail hybrid race traveling on varied terrain. The one mile *Fun Run* on the Pocono Plateau Road is open to any runner or walker.

This is a **fundraising event** for our "Pathway to Our Future" funding initiative. Participants are encouraged to solicit sponsor assistance. (Sponsor sheets are available on the web site at [www.poconoplateau.org](http://www.poconoplateau.org)) A special award will be given to one individual and one team who raise the largest amount of donations towards our funding initiative.

- Win the costume contest wearing your favorite superhero attire.
- Prizes are awarded for the male and female winners of the 5K in each age group.

Following the race, runners and spectators, can bid on silent auction items, conquer the rock wall, enjoy food, S'mores, and activities for the kids!

This is a great opportunity to introduce family and friends to the ministries of Pocono Plateau summer camp & retreats.

Runners register at <http://tinyurl.com/poconoplateau5k>

# HELP WANTED



Rewarding opportunities in  
the food service ministry.  
(Cresco/Mountainhome Area)

## PART-TIME WEEKEND KITCHEN ASSISTANTS AND COOK

(Flexible schedule: 1 or 2 weekends per month  
or every weekend, if desired)

- Kitchen Assistants: Great first time job, or as a source of extra income. Responsibilities range from meal preparation to clean up. Experience not required, we will train you!
- Cook: Responsibilities include, but not limited to, meal preparation, staff supervision and clean up. Experienced with Servsafe preferred.

For more information contact:

Debbie Lohnes, Food Service Manager  
**Pocono Plateau Camp & Retreat Center**  
304 Pocono Plateau Road  
Cresco, PA 18326

570-676-3665

Email: [camp@poconoplateau.org](mailto:camp@poconoplateau.org)



STROUDSBURG UNITED METHODIST CHURCH  
547 MAIN STREET  
STROUDSBURG PA 18360  
RETURN SERVICE REQUESTED

**NON-PROFIT ORG.**  
**U.S. POSTAGE PAID**  
**PERMIT No. 122**  
**Stroudsburg, PA**

**September 2014**

